SENIOR SERVICES COMMISSION

Senior Services Commissioners

Alice Sweetland, Chairperson • Kay Brainard, Vice Chairperson • Alice Madrid, Commissioner • Dr. Don Thibeault, Commissioner • Clark Owens, Commissioner • Lourdes Villareal Yu, Commissioner • Kathie Lanker, Commissioner • Ron Fischer, Commissioner • Jean Joneson, Commissioner (not pictured)
• The Senior Services Commission meets every 2\textsuperscript{nd} Tuesday of the month at 9:00 a.m.
• Schedule can be found at oxnardrec.org/seniors
• The Senior Services Commission is appointed by the mayor and city council.
• The Senior Services Commission is a commission that serves as an advocate for seniors in our community.
  • According to Census data, in 2010 over 33,338 (16.8\%) residents in Oxnard were 55 years of age and older.
  • Based on the population of residents in Oxnard between the ages of 40-55 in 2010 that number could grow to over 60,000 within the next 10 years.
Senior Centers

**Wilson Senior Center**  
350 N. C St. • (805) 385-8019  
Center Director: Fernando Garcia

**South Oxnard Senior Center**  
200 E. Bard Rd. • (805) 385-8042  
Center Director: Desiré Ventura

**Palm Vista Senior Center**  
801 S. C St. • (805) 385-8163  
Center Director: Sisy Mohorko
Special Events
May Older Americans Month – Senior Legends Games

8-Ball Tournament

Walking Group

Wii Bowling Tournament

Lawn Bowls
Special Events

Mother’s Day Lunch

Fiesta

4th of July Picnic in the Wilson Rose Garden

End of Summer Dance
Special Events

End of Summer BBQ

Thanksgiving Luncheon

Holiday Party

Christmas Parade
Ongoing Programming

Vegetable Garden

Lotería

BINGO

Guest Speakers
Ongoing Programming

Zumba

Rose Garden

“My Story” Project

Computer Lab

Jewelry Group
Ongoing Programming

- Over 90 programs per month

- Line Dancing Group

- Pinochle

- Exercise Class

- AARP Tax Aid for Seniors
Excursions

342 Seniors participated in excursions in 2014.

Past Excursions
- Huntington Library – June 6
- Pirates Dinner Adv. – July 13
- Las Vegas Golden Nugget – Sept. 16-18
- Harrah’s Casino – Oct. 14
- Candlelight Pavilion – Nov. 15
- Holly Trolley & Dinner – Dec. 16

Upcoming Excursions
- Chumash Casino – Jan. 13
- Ronald Reagan Library – Feb. 26
- Laughlin Casino – March 10-12
- Houweling’s Tomato Farm – March 17
- Getty Villa – April 9
Senior Nutrition Program

• Serving meals to seniors at the Wilson Senior Center and the Palm Vista Senior Center
• Lunch is served Mon.-Fri.
• 1,800 congregate meals
  1,750 homebound meals
Total: 3,580 meals served (per month)

Funded by:

Ventura County Area Agency on Aging
RSVP – Retired Senior Volunteer Program

- 575 Volunteers
- 92 New Volunteers
- 78,903 Hours Served

Volunteer Appreciation Luncheon

Vet Career Closet

Senior Share

RSVP – (Reported as of December 2014)
- 575 Volunteers
- 92 New Volunteers
- 78,903 Hours Served
RSVP – Bone Builders

RSVP – (Reported as of December 2014)
• 108 Volunteers
• 32 Classes
• Over 900 seniors served
• 9,910 Hours Served
Partnerships

- Scan Health Plan
- Walgreens
- Ventura County Area Agency on Aging
- Humana
- The Palms At Bonaventure
- Dignity Health
Senior Services Grant Recipients FY 2014-15

- Camarillo Hospice
- CAREGIVERS
- OASIS (Catholic Charities)
- FOOD Share
- Grey Law
- Livingston Visiting Nurses Assoc.
- Ombudsman Long-Term Care Services
- Shop Ahoy
- St. John’s Hospital Dignity Health
- VC Area Agency on Aging
Senior Services Ceremonial Events

Recognizing South Oxnard Exercise Group Instructors

Recognizing The Palms at Bonaventure

Recognizing Janna Figueroa Jewelry Instructor
Recognizing Catherine Mervyn on her 100th Birthday.
Senior Services Social Media
Website – oxnardrec.org/seniors

@oxnardseniors
Press Coverage

VCStar Paper

**Let the good times bowl**

**It's all fun and games**

**Card, domino games fire up competitors**

**Senior Services Commission**

Oxnard runs free challenges for older adults.

Oxnard Senior Center, located at 1420 Tom.list Park, 93035, is open to the public. The center offers a variety of activities for seniors to enjoy, including social events, exercise classes, and educational programs.

The center is open Monday through Friday from 9 a.m. to 5 p.m. Activities include tai chi, yoga, and dance classes, as well as computer workshops. The center also offers a senior lunch program, which provides meals to seniors at a discounted rate.

The Oxnard Senior Center is committed to providing a welcoming environment for all seniors, and encourages members to participate in as many activities as possible. For more information about the center and its activities, call 805-778-0690 or visit their website at oxnard.ca.us/senior.
Goals

- Relocating Wilson Park Rest Room
- Re-open the Colonia Senior Center
- New State of the Art Senior Center
SENIOR SERVICES
OFFICE: 350 N. C ST.
PHONE: (805) 385-8019
DAYS & HOURS OF OPERATION:
MONDAY-FRIDAY 8:00AM – 5:00PM
E-MAIL: SENIORS@CI.OXNARD.CA.US